

Caring Honesty Respect Responsibility

Bettendorf Family YMCA Pool Schedule

July 26th - September 5th

Effective: July 26th

SMALL POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30- 1:00 Rec/Family* 1:00- 4:00pm Fam/Slides 4:00-6:50pm Closed for classes 6:50-8:30pm Fam/Slides	10:00-1:00pm Rec/Fam* 1:00-2:00pm Closed for classes 2:00-4:00pm Fam/Slides 4:00-6:45pm closed for classes 6:50-8:30pm Fam/Slides	10:00-2:00pm Rec/Fam* 2:00-4:00pm Fam/Slides 4:00-5:00pm Closed for Classes 5:00-6:00 Fam/Rec 6:00-6:45pm Closed for Class 6:50-8:30pm Fam/Slides	10:00-2:00 Rec/Fam* 2:00-4:00pm Fam/Slides 4:00-6:45pm Closed for Class 6:50-8:30pm Fam/Slides	10:00-2:00pm Rec/Fam* 2:00-4:00pm Fam/Slides 4:00-5:00pm Fam/Rec* 5:00-8:00pm Fam/Slides	9:00-12:00 Closed for class 12:00-4:00pm Fam/Slides <p style="text-align: center;"><u>Sunday</u></p> 10:00-12:00 Rec/Fam 12:00-5:00 Fam/Slides

LARGE POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00am-8:20am Lap 8:25- 11:00 Class / Lap 11:00-12:00 Rec/Lap Noon-1:00pm Adult Lap 1:00-4:00pm Rec/Lap 4:00-5:00pm Closed for classes 5:00-6:00pm Class / Lap 6:00-7:00pm Closed for class 7:05-9:00pm Rec/ Lap	5:00-8:20am Lap 8:25- 11:00 Class / Lap 11:00-12:00 Rec/Lap Noon-1:00pm Adult Lap 1:00-1:45pm Class / Lap 1:45-4:00pm Rec/Lap 4:00-5:00 Closed for classes 5:00-6:00pm Class / Lap 6:00-6:45pm Closed for classes 6:50- 9:00pm Rec/Lap	5:00am-8:20am Lap 8:25- 11:00 Class / Lap 11:00-12:00 Rec/Lap Noon-1:00pm Adult Lap 1:00-2:30pm Class/Lap 2:30-4:00pm Rec/Lap 4:00-5:00pm Closed for class 5:00-6:00pm Class/Lap 6:00-7:00pm closed for classes 7:05- 9:00pm Rec/Lap	5:00-8:20am Lap 8:25- 10:00 Class / Lap 10:00-12:00 Rec/Lap Noon-1:00pm Adult Lap 1:00-4:00pm Rec/Lap 4:00-5:00pm Closed for class 5:00-6:00pm Class / Lap 6:00-6:45pm Closed for class 6:50- 9:00pm Rec/Lap	5:00- 8:20am Lap 8:25- 11:00 Class / Lap 11:00-12:00 Rec/Lap Noon-1:00 Adult Lap 1:00-4:00pm Rec/Lap 4:00-5:15pm Class/Lap 5:20-9:00 Rec/Lap	6:00-8:25am Lap 8:30-9:30 Class/Lap 9:30-12:00 Closed for class 12:00- 4:00pm Rec/Lap <p style="text-align: center;"><u>Sunday</u></p> 10:00-11:00 Lap 11:00am - 5:00pm Rec/Lap

Schedules are subject to change according to class registration. A class may occasionally enter pools during lap swims. Part of the pool may be used on occasion for all staff training.

***The Features are turned off at this time**

Adult Lap Swims are for adults 18 or older

Class/Lap Swims are for classes in $\frac{3}{4}$ of the pool and lap swimming in one - two lanes of the pool.

Lap Swims are for youth (7 or older) and adults. Swimmers under the age of 18 must take a swim test in order to do laps.

Rec/Family Swims (small Pool) are for adults, children and families (Big water slide closed) all water features are on.

Children under six must be accompanied by an adult in the water arm's length away.

Rec/Lap Swims (large Pool) are for adults, children and families. Part of the pool will be available for recreational swimming and One - three lanes will be used

For lap swimming. Swimmers under the age 18 must take a swim test in order to swim in the deep end or lap swim in large pool.

Family Slide Swims (small pool) are for adults, children and families. **Children six and under must be accompanied by an adult in the water arms length** away. Ages four to sixteen without parent or guardian must pass the swim test to be allowed to go down the big water slide. Floation devices are not big allowed on the water slide. or older) can take there children (they must be walking to age six) down the slide with them. Parents are NOT allowed to catch there children at the bottom.

Scott County Family Y Swimming Pool

Safety Policies:

1. Everyone must shower before entering the pool.
2. Absolutely no diving in the shallow end of the pool, and other marked areas where specified.
3. Running, pushing, dunking, flips, cartwheels, back dives, back jumps, and other "horseplay" is not deemed safe and will not be tolerated. Playing on steps, ropes and ladders are prohibited.
4. Starting blocks are for instructional / competitive use only (North & West Branches)
5. Children under six must be accompanied in all pools by an adult (18 years or older). The adult should be within arms reach of the child at all times.
6. Food, drinks, and gum are not allowed in the pool.
7. Street shoes, and strollers are not allowed on the pool deck.
8. Swimmers must wear clean swimsuits, leotards, or water shoes. Cutoffs with frays are not allowed.
9. Admission to the pool will be refused to persons with infections such as rashes, open wounds, etc. Bandages of any sort should be removed prior swimming.
10. Children who are not toilet trained must wear tight fitted plastic pants or swim diapers.
11. **Swim test must be done on every guest under the age of 16. A band will be issued for identification of swimming ability.**
12. Lifeguards may prohibit any activities that affect the safety and enjoyment of pool users.
13. Pool equipment will be issued and removed at a life guard's discretion.

Slide Safety Policies:

1. A swim test must be done on children four and older prior to using the "big" slide –If a parents is not with them.
2. Children six and older are not allowed on the frog slide.
3. Lifeguard may prohibit activities that affect safety and enjoyment of slide usage.
4. Running, standing, kneeling, rotating, tumbling, or stopping is not allowed on the "big" slide.
5. Only one person is allowed on the slide at a time.
6. Forming chains is not allowed on the slide.
7. One must keep their hands and feet inside the slide at all times.
8. Diving is not permitted on either slide.
9. Exit the water slide pool promptly after entering.
10. Slide lying on your back, feet first only.
11. Parents /guardians 18 or older may take there child age walking to age six down the slide with them. Parents are not allowed to catch them at the bottom of the slide

Whirlpool, Sauna, & Steam Safety Policies:

1. Patrons should limit their time in the whirlpool, sauna, and steam room to 10 min.
2. Due to high temperatures, patrons are exposing themselves to an increased health risk.
3. Individuals with health risks are advised not to use the whirlpool, sauna, or steam room unless authorized by a physician. This includes those who may be pregnant, under the influence of alcohol of drugs, those with elevated or low blood pressure, circulatory deficiencies, diabetes, heart disease, emotional disorders, or a history of seizures.

Age restrictions: Patrons must be 14 years of age to use the whirlpool, sauna, or steam room.

Ages 6-13 may use if accompanied by parent or guardian in the area where child is

Ages 5 and younger are prohibited in, near or around the whirlpool, sauna, and steam room.